

# C.A.R.E.

SAMPLE LESSON THREE - GRADES K-1



An Integrated Social Studies and Health Curriculum



SELF



OTHERS



COMMUNITY



WORLD

CARE FOR OTHERS

## DAY THREE: CARE FOR OTHERS AT HOME

**CARE OBJECTIVE:** To learn the importance of caring for others at home.

### CARE CONCEPTS:

Care  
Helpfulness  
Kindness

### INTRODUCTION:

Now we know how Scarlett takes care of herself at home. Let's see how Scarlett and her family take care of others at home. Let's hear what happens to poor Pugs in this story.

**AFTER STORY ACTIVITIES:** [HAVE STUDENTS VIEW AND REFER TO THE STORY AS NEEDED]

### QUESTIONS:

1. Who do you think takes care of Scarlett at home? Scarlett takes care of herself in some ways and her parents and grandmother take care of her also
2. How did the family take care of others at home? What did Scarlett's dad do? Took out the trash, tucked Scarlett in bed and taught her a lesson about forgiveness What did Scarlett's mom do? Dressed Josh, packed baby's supplies, left work early to take care of Scarlett and Josh What did Scarlett do? Fed the dog and herself, put dish in sink, carried diaper bag, cleaned up Pugs' mess
3. Scarlett fed Pugs, but what did she forget to do? To let him out What happened because Scarlett didn't care for him completely? He went to the bathroom on the floor, Scarlett slipped down in the mess
4. Can you think of some other ways that Scarlett could help at home? Accept answers (Examples: Help Mom with Josh's care, set the table, make her bed, clean her room, play with the dog, etc.)
5. At the end of the story, what did Scarlett's dad tell her the "F" stood for in the word "Family"? Forgiveness
6. In the story, when her dad asked her if she knew why it was important to take care of Pugs, Scarlett said, "Because Pugs can't reach the door handle." What did Scarlett mean by that? That he couldn't let himself outside to go to the bathroom

So remember, students, it's important to be helpful and take care of others at home.



**CARE MAIN IDEA:** There are many ways that we can help others at home. Remember to do your part, be helpful, and care for others at home.

**CARE ACTION:** When you are home this evening, do something that will help your family. We will share our helpful ideas tomorrow! [WRITE A REMINDER ON BOARD FOR TOMORROW'S SHARE TIME.]

**CARE CENTER ACTIVITY:** Complete **CARE CENTER ACTIVITY 1-3** DRAW A PICTURE of your home and family, including pets, and think of ways that you can care for others at home. Read and trace the sentence, "I can help."

**CARE THOUGHT OF THE DAY:** Can you think of a new chore or activity that you could do at home that would be helpful to someone in your family? Share your thoughts quietly while working at center.

# POOR PUGS



Monday mornings were always a little rushed at Scarlett's house. Her dad went to work early, so he couldn't help Scarlett's mom get Scarlett and Josh ready to go to Grammy's apartment. On the days that Scarlett's parents worked, Grammy helped by caring for baby Josh and walking Scarlett to and from school.

"Don't forget to feed Pugs and let him outside for a little while before you leave, Scarlett," Dad called as he was going out the door. "I already took out the trash this morning, honey," he said and winked at Scarlett's mom. "Have a good day, everyone!" he said with a smile.

Her mother was dressing Josh and getting all his supplies ready for the day. "Babies have way too much stuff," thought Scarlett as she quietly ate her cereal and watched her mother rushing around making bottles and putting baby supplies in his diaper bag.





"Scarlett, please finish up, we have to go!" Scarlett's mom called to her from the other room. Scarlett took one last bite and put her bowl in the sink. Then she went to the cabinet to get Pugs' food. He was looking up at her eagerly and as soon as she put the bowl down he began to gobble it up! By the time Scarlett put the bag away, Pugs was finished and licking the bowl clean. "Pugs! You are such a little piggy!" she said as she laughed and petted him.

"Let's go, Scarlett, I don't want to be late!" her mother said. Scarlett's mother worked as a nurse at the hospital and liked taking care of people. Her job was an important one and she needed to always be on time. Scarlett helped her mother by carrying the diaper bag and then they all hurried out the door to start their day.





Since Grammy had an appointment that afternoon, Scarlett was going straight home after school. Her mom was getting off work early to pick up and take care of Scarlett and the baby. As soon as the front door was unlocked, Scarlett rushed inside to go to the bathroom. The door opened, Pugs dashed out and with one step inside ... SPLAT! Scarlett hit the floor! "Oh, my goodness!" Scarlett's mother exclaimed, "Are you alright?" Scarlett wasn't sure what happened, but she no longer felt like going to the bathroom!

As she got up from the floor, she noticed that her hands and clothes were wet. Then she remembered the last thing that her father had said to her before leaving for work. POOR PUGS! She had fed him but forgot to take him outside! Scarlett felt bad! She explained what had happened to her mother. "Well, then you need to go get the cleaner and some paper towels to clean it up," her mother said, leaving the door ajar for Pugs, as she put the baby's stuff down on the couch.



While Scarlett was cleaning up the mess, Pugs ran back inside, wagging his tail, and licked her face happily. "Well, Pugs, old boy, are you saying you are happy to see *me* or just happy that you finally got to go *outside*?" Scarlett asked as she smiled and hugged her fat little pug friend.





That night, when her dad tucked her into bed, Scarlett confessed, "I'm sorry, Daddy, that I forgot to take care of Pugs this morning." Her dad could see that Scarlett was sincerely sorry, so he said, "Did you know that the "F" in the word "family" stands for forgiveness?" Scarlett shook her head "no" and her father continued, "And since Pugs is family, I know he forgives you for forgetting to let him out this morning. But now you see why it's so important to take care of him."

"Yeah, I do," Scarlett answered, giving her dad a serious look, "because Pugs can't reach the door handle." Her dad smiled to himself and said, "You've got that right. Good night, sweet Scarlett."



Today, you are going to have fun drawing a picture of your family! Don't forget to include your pets, too! While you are drawing your picture, think about how you can help others in your family. Read and trace the sentence below. Then, draw your picture of how you help at home.

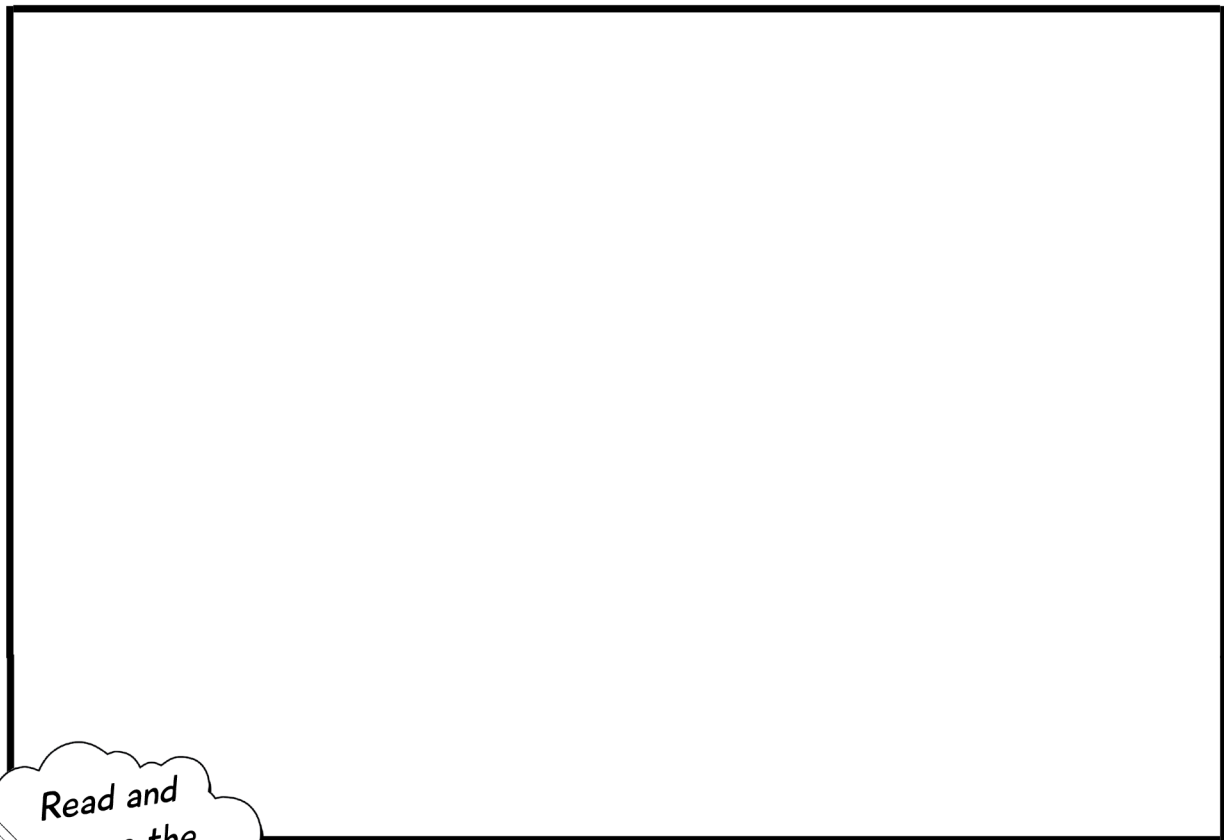


# I CAN HELP MY FAMILY

Name: \_\_\_\_\_



*Draw a picture of how you help your family at home.*



*Read and trace the words!*

I can help!