

C.A.R.E.

SAMPLE LESSONS - WEEK TWO - GRADES 2-5



An Integrated Social Studies and Health Curriculum



SELF



OTHERS



COMMUNITY



WORLD

OUR BASIC NEEDS

WEEK 2: WE LIVE IN CARING COMMUNITIES

WEEKLY CARE OBJECTIVE: To learn that we live in caring communities that help us in many ways.

WEEKLY CARE POSTER: "BE KIND"

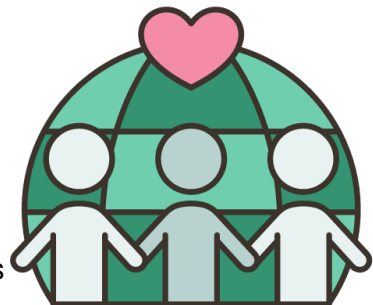
CARE CONCEPTS:

Basic Human Needs - the basic things that we need to survive that are provided by our community (safety, food, water, clothing, shelter, sanitation, medical care, education, transportation, and heat/energy)

Community - a group of connected people who help one another meet their basic needs and often share the same values, interests, or purpose

Helpful - to be willing to assist or support someone; to make it easier for others

Gratitude - to be thankful; to appreciate others or be willing to give back



CARE INTRODUCTION: (Teacher reads before Day One Care Activity.) *This week we are going to think about how we live in caring communities that help us in many ways. List and discuss the ways that each community (city/town) provides for its members' basic needs: food (stores/farms), clean water & sanitation (city municipal services), clothing (stores/factories), shelter (houses/apartments), medical care (doctors/hospitals), education (schools), transportation (cars/buses/trains/planes/ships), energy (heat/gas/electricity), and safety (police/firefighters/military). Our school is a caring community where we learn! We will find out why it is important to be kind and helpful to others at school and show gratitude for all that others do for us!*

CARE ACTIVITIES

DAY ONE: (Teacher writes the Care Concept terms on board for discussion.) Discuss the Care Concepts. Remind students that their school is a caring community where they come to learn and be connected with others.

DAY TWO: (Teacher writes definitions of the Care Concepts on board.) Students write the weekly Care Concept definitions in their Care Journals.

DAY THREE: Discuss with students the various school workers who care for them and help to meet their needs at school: teachers, principals, counselor, librarian, office staff, lunch workers, janitors, etc. Students then write an entry in their Care Journals using the prompt - **"Write about one school worker who is helpful and cares for you at school."**

DAY FOUR: Share and discuss the journal writing from DAY THREE.

DAY FIVE: Students write an entry in their Care Journals using the prompt - **"How can I be helpful at school and show others that I am thankful for what they do for me?"**

CARE ACTION: Show gratitude to others each day by saying "please and thank you."

CARE REINFORCEMENT: Have each student write a thank you note to a selected school worker to show appreciation. (Be sure to include all school staff. Save for **COMMUNITY CARE DAY**.)

CARE READING: Teacher reads a book from the **Care Recommended Reading List** under the section **COMMUNITY** and asks questions.